



Sons of the West program coming to Ballarat March 2020
Visit sonsofthewest.org.au and register today!

Sons of the West is a **FREE** and **FUN** men's health program

- **10 WEEK** program for **MEN**
- **LEARN** more about your **HEALTH** in a safe, inclusive space
- Make **FRIENDS** for life
- Try **FUN** new types of **PHYSICAL ACTIVITY**

For more information please email info@sonsofthewest.com.au, phone **03 9680 6355**

/WBFCFoundation /WBFCFoundation /WBFCFoundation



Sports Central

www.sportscentral.org.au

WELCOME स्वागतम् chào mừng

ကြိုဆိုပါတယ် أَهلاً وَسَهْلاً 欢迎

LOCATIONS

BALLARAT

Weekly from Wednesday 18 March to Wednesday 27 May, 7:00pm-9:00pm.

Phoenix P-12 Community College
 Sebastopol Campus
 Hertford Street, Sebastopol