



LEARN TO BOWL,  
MAKE NEW FRIENDS  
AND GET ACTIVE

# BOWL ABILITIES

A LEARN TO BOWL PROGRAM  
FOR OLDER TEENS AND ADULTS  
WITH A DISABILITY



SHORTENED  
LANES BRING  
YOU CLOSER TO THE  
PINS MOVE BACK AS  
YOUR SKILLS INCREASE



COMPETE ONLY AGAINST YOURSELF  
WRISTBANDS REWARD ACHIEVEMENT

**WHERE:**

**WHAT:**

**WHEN:**



FOR MORE INFORMATION AND TO REGISTER GO TO [WWW.BOWLABILITIES.COM.AU](http://WWW.BOWLABILITIES.COM.AU)